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Tishrei Insights By: Rabbi Raruch Rabaev



Tishrei is a significant month in the Jewish ■ calendar, marking a time of profound reflection and celebration. It includes the High Holy Days of Rosh Hashanah, Yom Kippur, Sukkot, Shemini Atzeret, and Simchat Torah.

Rosh Hashanah, the head of the year, symbolizes new beginnings and renewal. Just as a healthy head ensures a healthy body, a meaningful start to the year sets a positive tone for what lies ahead.

Yom Kippur, the Day of Atonement, is the holiest day in the Jewish calendar. It's a day dedicated to seeking forgiveness for one's sins, reflecting on one's actions. and making amends with both Hashem and fellow human beings. Day of Prayer and Fasting.

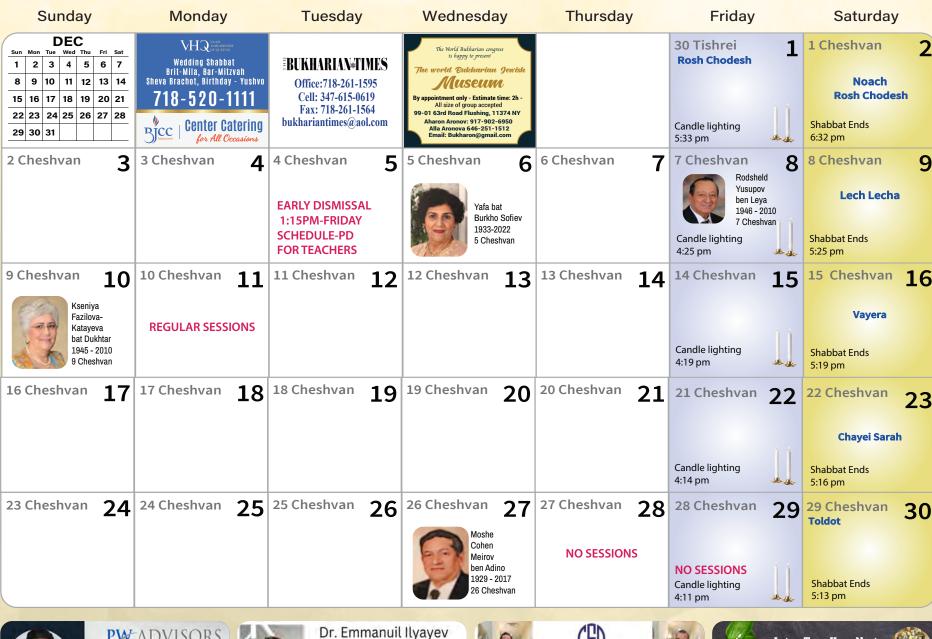
Sukkot commemorates the period when the Israelites wandered in the desert and lived in temporary shelters (Sukkot) after the exodus from Egypt.

Shemini Atzeret: Meaning "the Eighth [day] of Assembly," Shemini Atzeret is celebrated on the day immediately following the seven days of Sukkot. It is considered a separate holiday that symbolizes a day of spiritual reflection and closeness with God.

Simchat Torah: Meaning "Rejoicing of the Torah," Simchat Torah celebrates the completion of the annual cycle of reading the Torah and the immediate beginning of the next cycle. This day is marked with joyous dancing and singing with the Torah scrolls, reflecting the joy and love of the Jewish people for the Torah.

May this month be filled with reflection, joy, and spiritual growth.

November 2024





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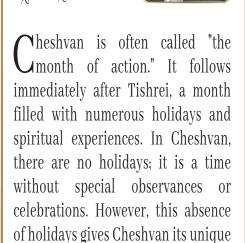






Cheshvan Insights By: Rabbi Asher Vaknin

significance.



After receiving the spiritual energy, inspiration, and holiness (kedusha) from the festivals in Tishrei, Cheshvan becomes the month to channel that elevated energy into our daily lives. It is the time to translate the spiritual gains of Tishrei into tangible actions, to bring the inspiration down to earth, and to integrate it into the practical, physical world. In this way, Cheshvan is not merely a "quiet" month; it is a period for putting spiritual growth into practice, embodying the idea of taking action and living with purpose.

December 2024





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Kislev Insights By:



The third month of the Jewish **L** calendar, "Kislev", is closely associated with themes of light, hope, and victory, largely due to the holiday of Chanukah that occurs during this month. Chanukah celebrates the miraculous victory of the Maccabees and the rededication of the Temple, symbolized by the lighting of the menorah. The zodiac sign for Kislev is "Keshet" (Sagittarius), represented by a bow with an arrow pulled back, symbolizing potential energy and the readiness for powerful action.

This imagery reflects Kislev as a time to gather spiritual and practical energy through mitzvot (good deeds) and Torah study. In Kabbalah, Kisley is associated with the Hebrew letter "Samech," which means "support." This letter signifies the month's role in providing support and sustaining our efforts and aspirations. Kislev encourages us to harness and build up our spiritual and moral strengths, preparing for future actions and achievements.

January 2025





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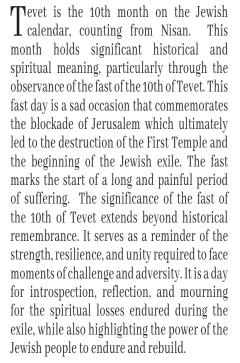






Tevet Insights By:

Rabbi Baruch Babaev



Unlike other fasts, the fast of Tevet is unique because it is observed even if it falls on a Friday, the eve of Shabbat. Most fasts are postponed if they coincide with Shabbat, but this one is so significant that it would be observed even on Shabbat itself, although this scenario does not occur in the current Jewish calendar cycle. This detail underscores the gravity of the events it commemorates.

In a broader sense, Tevet reminds us that exile, both physical and spiritual, demands strength and faith. It encourages us to reflect on the challenges of the past and the ongoing need for renewal and redemption in our collective journey. RB

February 2025





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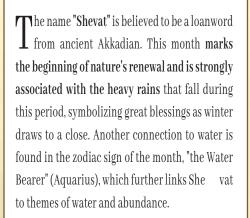






Shevat Insights By:

Rabbi David Shushan



However, great success brings with it a responsibility to preserve and sustain it over time. This lesson is exemplified by Moses (Moshe), who delivered a series of admonishments to the Jewish people during this month, just before his passing. His purpose was to ensure that the blessings they had received would remain with them. Furthermore, during this month, Moses translated the Torah into seventy different languages for the first time. This act teaches that no matter what we do for a living, regardless of the jargon of our professions or the everyday language we speak, we can carry the teachings of the Torah with us. Moses' translation of the Torah demonstrates that the sacred text is meant for everyone, in every language-reminding us that it speaks to each of us in our own way.

March 2025





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Adar Insights By: Rabbi Asher Vaknin



dar: The Month of Happiness and **Divine Presence**

Adar is known as the month of happiness, a time when the presence of Hashem (God) is felt most deeply among us. When a person truly understands that Hashem is guiding the world and orchestrating everything that happens, they can find joy in every situation, knowing that all is part of a greater plan.

In Judaism, there is nothing more important than doing everything — whether in business, marriage, or religious observance — with joy. The month of Adar reminds us of this essential truth: that genuine happiness stems from recognizing the divine presence in every aspect of life and embracing it with a joyful heart. In Adar, we learn that joy is not just a feeling; it is a way of life and a core principle in our relationship with Hashem.

April 2025

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8 Nissan	9 Nissan 7 NO SESSIONS	10 Nissan NO SESSIONS	11 Nissan NO SESSIONS	12 Nissan NO SESSIONS	13 Nissan 11	1907-1974 7 Nisan Shabbat Ends 8:06 pm
6		8	9	10	Candle lighting 7:13 pm	14 Nissan Erev Pesach Candle lighting 8:14 pm 12
15 Nissan 13	16 Nissan 14	17 Nissan 15	18 Nissan 16	19 Nissan 17	20 Nissan 18	21 Nissan 19
Pesach NO SESSIONS Candle lighting 8:14 pm	Pesach Omer Day 1 NO SESSIONS 8:17 pm Ends	Pesach Omer Day 2 NO SESSIONS	Pesach Omer Day 3 NO SESSIONS	Omer Day 4 NO SESSIONS	Omer Day 5 NO SESSIONS Candle lighting 7:20 pm	Passover Day 7 Omer Day 6 Candle lighting 8:22 pm
22 Nissan Passover Day 8 20	23 Nissan Omer Day 8 21	24 Nissan 22	25 Nissan 23	26 Nissan 24	27 Nissan 25	28 Nissan 26
Rakhel Kalantarova bat Abigail 1936-2016 22 Nisan Omer Day 7 NO SESSIONS	NO SESSIONS	Omer Day 9	Omer Day 10	Omer Day 11	Omer Day 12 Candle lighting 7:28 pm	Shemini Omer Day 13 Shabbat Ends 8:31 pm
29 Nissan 27 Omer Day 14	30 Nissan Omer Day 15 Miryam Isakharova Asherova bat Bluriya 1924-2006 30 Nissan	1 lyar 29 Omer Day 16	2 lyar GRADES 3-6 NYS ELA EXAM Omer Day 17 Frecha Bat Blorya Nektalova- Asherova 1927-2001. 2 lyar	The World Bukharian congress is happy to present The world Bukharian Jewish By appointment only - Estimate time: 2h - All size of group accepted 99-01 63rd Road Flushing, 11374 NY Aharon Aronov: 917-902-6950 Alla Aronova 646-251-1512 Email: Bukharon@gmail.com	Wedding Shabbat Brit-Mila, Bar-Mitzvah Sheva Brachot, Birthday - Yushvo 718 - 520 - 1111 Genter Gatering For All Occasions	MAY Sun Mon Tue Wed Thu Fri Sat 4 5 6 5 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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Nissan Insights By:

Rabbi Baruch Babaev



Tissan: The Month of Freedom and Redemption

Nissan is a month of profound spiritual significance, deeply rooted in the theme of freedom. It is the month in which we celebrate Passover, marking the liberation of the Jewish people from slavery in Egypt, an event that shaped the destiny of the Jewish nation. Nissan holds a unique place in Jewish tradition, encompassing the past, present, and future.

The first half of the month commemorates the dedication of the Mishkan (Tabernacle) in the desert, symbolizing the intimate connection between Hashem and the Jewish people. The middle of the month celebrates Passover (Pesach), our deliverance from bondage, which is the foundational story of Jewish identity. The latter part of Nissan is imbued with a sense of hope and anticipation for the future redemption, echoing the belief that just as Hashem redeemed us from Egypt, He will redeem us again in the future.

Nissan is also known as the "first of months", setting the tone for the entire Jewish calendar, signifying renewal, rebirth, and divine promise. Hashem's promise of redemption began in Nissan, and according to tradition, it is in this month that the ultimate redemption will occur.

This month calls upon us to reflect on our journey from slavery to freedom, not only in a historical sense but also in our personal lives. It inspires us to release ourselves from the limitations that hold us back and to embrace spiritual renewal. As we remember the miracles of the past, Nissan encourages us to look forward with hope and faith toward a future filled with freedom, light, and redemption.

May Nissan serve as a source of renewal for us all, as we continue to grow in our connection to Hashem and eagerly await the fulfillment of His promise.



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May 2025

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JUN Sun Mon Tue Wed Thu Fri Sat 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Wedding Shabbat Brit-Mila, Bar-Mitzvah Sheva Brachot, Birthday - Yushvo 718 - 520 - 1111 Center Catering For All Occasions	EBUKHARIAN-TIMES Office:718-261-1595 Cell: 347-615-0619 Fax: 718-261-1564 bukhariantimes@aol.com	Office:718-520-1111 Cell:718-520-5188 Evening: 718-406-9949 bjccenter@gmail.com	3 Iyar 1 GRADES 3-6 NYS ELA EXAM Omer Day 18	Omer Day 19 Candle lighting 7:35 pm	Omer Day 20 Tazria-Metzora Shabbat Ends 8:39 pm
6 Iyar 4 Omer Day 21	7 Iyar 5 Omer Day 22	8 lyar 6 Omer Day 23	9 Iyar 7 GRADES 3-6 NYS MATH EXAM Omer Day 24	Omer Day 25 Rabbi Mordachai Rachminov ben Tamara 1944-2020 11 lyar	Omer Day 26 Candle lighting 7:42 pm	12 lyar 10 Acharei-Kedoshim Omer Day 27 Shabbat Ends 8:47 pm
13 lyar Omer Day 28 11	14 Iyar Omer Day 29 12	15 lyar Omer Day 30 13	16 Iyar Omer Day 31 14	17 Iyar Omer Day 32 15	18 lyar Candle lighting 16 7:49 pm Omer Day 33	19 lyar Emor 17 Shabbat Ends 8:55 pm Omer Day 34
20 Iyar Omer Day 35 Liza Kandkhorova Bat Yaeltov 1921-2011 20 Iyar Liza Meirova bat Sara 1934 - 2017 20 Iyar	Abram Matatov ben Dvuro 1932 - 1997 21 lyar Nisim Nektalov ben Frekha 1948-2008 21 lyar	22 Iyar Omer Day 37 20	23 lyar Omer Day 38 Miriyam Mira Alishayev Khaimova bat Suri 1948 - 2020 23 lyar	24 Iyar Omer Day 39 22	Omer Day 40 Candle lighting 7:55 pm	Omer Day 41 Behar- Bechukotai Shabbat Ends 9:03 pm
27 Iyar 25 Omer Day 42	28 Iyar 26 NO SESSIONS Omer Day 43 3K-UPK- EARLY DISMISSAL 1:15PM-FRIDAY SCHED- ULE-NO TRANSPORTATION	29 Iyar 27 Omer Day 44	1 Sivan 28 Omer Day 45	2 Sivan Omer Day 46 Emmanuel ben Mazal Sofiev 1926-1977 3 Sivan	Omer Day 47 Candle lighting 8:01 pm	Omer Day 48 Bamidbar Shabbat Ends 9:09 pm



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Iyar Insights By: Rabbi Asher Vaknin



Tyar: The Month of Healing and **■** Divine Connection

Iyar is a month characterized by rain - a powerful symbol of something descending from above to nourish the earth. Rain represents water, the essence of life, reminding us that true sustenance and healing come from Hashem.

This month serves as a reminder that when facing a medical condition or any challenge, our first response should be to turn to Hashem, whether through prayer, Torah study, or seeking spiritual guidance. While it is essential to seek medical help, we are reminded that Hashem is the ultimate healer, the source of all remedies and health.

The essence of Iyar is an invitation to deepen our connection with Hashem and recognize that in our times of need, He is always there to provide strength, comfort, and healing.

June 2025

Sunday	Mon day	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Sivan 1 Omer Day 49 8:06pm Candle lighting	6 Sivan Shavuot Eliyahuhaim Ben Zulayho Kaykov 1929 - 2006 6 Sivan NO SESSIONS 9:11pm Canada lighting	7 Sivan 3 Shavuot NO SESSIONS 9:12pm Ends	8 Sivan 4	9 Sivan Daniel ben Yoshuo Shabekov 1922 - 2015 9 Sivan	Rabbi Eliyahu Wolowik ben Rivka & Chaim 1939-2021 10 Sivan Candle lighting 8:06 pm	11 Sivan Naso Khayka Babadzhanov ben Oykan 1934-2003 11 Sivan 9:15 pm
12 Sivan 8	13 Sivan 9	14 Sivan 10	15 Sivan 11	16 Sivan 12	Yakov Sadikov ben Khusni 1940 - 2017 17 Sivan Candle lighting 8:10 pm	18 Sivan Behaalotecha Ilyusha Yusupov ben Ogul 1938- 2021 18 Sivan Shabbat Ends 9:19 pm
19 Sivan 15	20 Sivan Tamara bat Blor Fatakhova- Daniyarova 1928- 2020 20 Sivan	Tamara bat Imosholom Katayeva 1930-2018 21 Sivan Berakh ben Pnino Katayev 1900-1971 21 Sivan	22 Sivan 18	23 Sivan 19	24 Sivan 20 LAST DAY OF SCHOOL FOR GRADES 3K-6TH -REPORT CARDS SENT HOME Candle lighting 8:12 pm	Shlach Shabbat Ends 9:21pm
26 Sivan 22	27 Sivan 23	28 Sivan 24	29 Sivan 25	30 Sivan 26	1 Tammuz Candle lighting 8:13 pm 27	2 Tammuz Korach Shabbat Ends 9:21 pm 28
3 Tammuz 29	4 Tammuz 30	The World Bukharian congress is kappy to present The world Bukharian Jewish MUSEUM By appointment only - Estimate time: 2h - All size of group accepted 99-016 347 Road Flushing, 11374 NY Aharon Aronov: 917-902-6950 Alla Aronova 646-251-1512 Email: Bukharon@gmail.com	BUKHARIAN-TIMES Office:718-261-1595 Cell: 347-615-0619 Fax: 718-261-1564 bukhariantimes@aol.com	Office:718-520-1111 Cell:718-520-5188 Evening: 718-406-9949 bjccenter@gmail.com	VHQ Market Name of the Name of	JUL Sun Mon Tue Wed Thu Fri Sat 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



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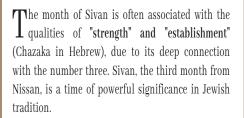






Sivan Insights By:

Rabbi David Shushan



The Torah, which has three parts (Torah, Prophets, and Writings), was given to the Jewish people, who themselves consist of three groups (Kohanim, Leviim, and Israelites). It is linked to the three forefathers (Abraham, Isaac, and Jacob) and was delivered through Moses, the third child in his family (following Aaron and Miriam). The giving of the Torah occurred in the third month (Sivan) on the third day after the men and women were separated by God's command.

The name "Sivan" appears for the first time in the Book of Esther. This month is also associated with Jacob, the third of the patriarchs, who was a twin to Esau. This connection is reflected in the zodiac sign of Sivan: "Gemini" (the Twins). Esau is believed to have taken the two months that follow Sivan, which are associated with the destruction of the Temple, but Sivan itself represents a unique positive energy.

Sivan is the first month of the year in which a human being serves as the zodiac sign, emphasizing that only humans have the capacity to rejoice, dance, and celebrate the greatest gift: the Torah. The month of Sivan thus symbolizes both the strength and establishment of the Jewish people through their divine heritage and the unique human ability to fully embrace the joy of receiving the Torah.

July 2025

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	for All Occasions				Candle lighting 8:12 pm	9:19 pm
10 Tammuz 6	Natan ben Zoya Kimyagarov 1980 - 1999 11 Tamuz	12 Tammuz 8	13 Tammuz 9	14 Tammuz 10	Candle lighting 8:09 pm	Lubov Matatov 1941-2022 16 Tamuz Shabbat Ends 9:16 pm
17 Tammuz 13 Fast of Tammuz	18 Tammuz 14	19 Tammuz 15	20 Tammuz 16	21 Tammuz 17 Rakhel Benyaminova Kaykova bat Zilpo 1930 - 2020 21 Tamuz	22 Tammuz 18 Candle lighting 8:05 pm	23 Tammuz 19 Pinchas Shabbat Ends 9:10 pm
24 Tammuz 20	25 Tammuz 21	26 Tammuz 22	27 Tammuz 23	28 Tammuz 24	29 Tammuz 25 Candle lighting 7:59 pm	Rosh Chodesh Matot-Massei Shabbat Ends 9:03 pm
² Av 27	3 Av 28	4 Av 29	5 Av 30	6 Av 31	Office:718-520-1111 Cell:718-520-5188 Evening: 718-406-9949 bjccenter@gmail.com	AUG Sun Mon Tue Wed Thu Fri Sat 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24/31 25 26 27 28 29 30



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Tammuz Insights By:





Tammuz: A Month of Mourning, Reflection, **1** and Renewal

Tammuz, the fourth month of the Jewish calendar, is deeply intertwined with themes of mourning and introspection. Central to this month is the Fast of the 17th of Tammuz, which commemorates the breaching of the walls of Jerusalem before the destruction of the Second Temple. This event marks the start of the Three Weeks, a somber period of national mourning that culminates in Tisha B'Av, the day that memorializes the destruction of both the First and Second Temples.

Though Tammuz carries a heavy emotional and spiritual weight, it also provides an opportunity for reflection, self-examination, and personal growth. The pain of loss serves as a call to action, urging us to re-evaluate our spiritual commitments and work toward personal and collective renewal. The sense of mourning isn't just about remembering past tragedies, but also about fostering hope for rebuilding and redemption.

Tammuz reminds us that from the depths of sorrow, we can rise toward renewal. The energy of this month encourages introspection and repentance, a time to rebuild the inner foundations of faith, community, and spiritual connection. By reassessing our lives and relationships with Hashem, Tammuz offers us the opportunity to emerge stronger, preparing us for eventual redemption and rebuilding, both on personal and national levels.

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9 Av 3	10 Av 4	11 Av 5	12 Av 6	13 Av 7	Frida Kandkhorova bat Burkho 1934-1992 14 Av Candle lighting 7:44 pm	Va'etchanan Shabbat Ends 8:46 pm
16 Av 10	Zilpo Nektalova bat Frekho 1918 - 2005 17 Av	18 Av 12	19 Av 13	Frekho bat Bitiya Nektalova 1909 -1983 20 Av	21 Av 15 Candle lighting 7:35 pm	22 Av 16 Eikev Shabbat Ends 8:35 pm
23 Av 17 Shlomo ben Mariyam Pinkhasov 1928 - 2012 23 Av	24 Av 18	25 Av 19	26 Av 20	27 Av 21	28 Av 22 Candle lighting 7:25 pm	29 Av 23 Re'eh Shabbat Ends 8:24 pm
30 Av 24 Rosh Chodesh	1 Elul 25 Rosh Chodesh	2 Elul 26	3 Elul 27	4 Elul 28	5 Elul 29 Candle lighting 7:14 pm	6 Elul Shoftim 30 Shabbat Ends 8:12 pm
7 Elul 31						SEP



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Av Insights By:

Rabbi David Shushan



The month of Av is perhaps the most emotionally complex month in the Jewish calendar. On one hand, it is defined by the sorrow and mourning of Tisha B'Av, the 9th of Av, a day that marks the destruction of both the First and Second Temples, as well as other tragic events throughout Jewish history. Tisha B'Av is the pinnacle of grief, a day where we remember the deep losses that have shaped Jewish identity and history, and it is traditionally observed with fasting and lamentation.

In sharp contrast, just a few days later, the 15th of Av, known as Tu B'Av, is a day of joy and celebration. Often referred to as a Jewish festival of love, Tu B'Av was historically a day of matchmaking and renewal of communal ties, symbolizing unity, hope, and the rebuilding of broken connections. It serves as a reminder that even after great destruction, there is always potential for joy and rebuilding.

The Shabbat preceding Tisha B'Av, known as Shabbat Chazon (the "Shabbat of Vision"), offers a moment of introspection and hope in the midst of the mourning period. It calls us to shift our focus from the immediate pain and despair to the future promise of redemption, the rebuilding of the Third Temple, and the ultimate healing of the Jewish people. Shabbat Chazon reminds us that within every tragedy lies the seed of hope and that even the darkest moments can lead to renewal and divine salvation.

Av, with its extremes of sadness and joy, teaches us that life is a cycle of loss and renewal. The destruction of the past is not the end; rather, it creates the space for a future filled with hope and redemption. The month of Av encourages us to embrace both our grief and our joy, knowing that in the end, light will emerge from the darkness. Amen!

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Elul Insights By: Rabbi Asher Vaknin



Tlul: The Month of Search and Divine **L** Closeness

The name "Elul" is derived from a root word meaning "to search." During this month, we are searching for Hashem. Throughout the year, Hashem is likened to a King in His palace, distant and exalted. But in the month of Elul, Hashem steps out of His palace and comes closer, making Himself more accessible to all.

Elul is a month of opportunity - a time when Hashem is "in the field," so to speak, among us, inviting us to draw nearer. To seize this unique opportunity for spiritual growth, it is customary to take on something special, a personal commitment to enhance our connection with Hashem. This could mean doing extra good deeds, increasing our Torah study, praying with greater intention, giving more charity, or practicing more patience, especially with those closest to us.

Elul is a time for introspection, selfimprovement, and a renewed relationship with the Divine, reminding us that Hashem is always ready to embrace us, especially when we make the effort to come closer to Him.









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